

Hi All,

For those who have not met me yet, my name is Monet Williams. I am the Community Youth and Family Worker for a charity called Youth@Heart supporting young people and their families with Congenital Heart Disease living in Gloucestershire, South Wales and the South West of England, in partnership with:



*The Adult Congenital Heart team at the BHI (Sheena Vernon is one of Youth@Heart's Trustees)*



*The SWSWCHD Network (South Wales and South West Congenital Heart Disease Network).*

I am based in Bridgewater and at the charity's HQ in Gloucestershire but am here to help anyone aged 15-24 living with CHD across our reach area. I have been a Support Worker for many years and enjoy helping people to achieve their potential.

Life for everyone is very different during COVID 19, but particularly for you living with CHD. Please do get in touch if I can help you, or your family, or if you need advice or information. Please do check out our social media platforms, join in with our activities, or suggest some others that you might like to have a go at.

**[Get in touch and let us know how we can help you.](#)**

**Key contact numbers:**

Clinical Nurse Specialists at the BHI – 0117 342 6599 (For any medical queries)

**To contact me:**

M: 07578 399916

L: 01452 690830

E: [monet@youthatheart.co.uk](mailto:monet@youthatheart.co.uk)

Fb: [facebook.com/monet.heart.127](https://facebook.com/monet.heart.127)

Address: Youth@Heart, Wick Court Cottage, Priding, Saul, Gloucestershire. GL2 7LG

Look forward to hearing from you.

Stay safe

**Monet**